

Our History

The Abbotsford Self Advocate Group started in the early 1990's by a small group of self advocates.

Group members participate in a variety of events such as The Annual Leadership Retreat held at Camp Luther or meet your MLA or meeting other groups.

Members also work hard organizing fundraising activities through out the year like bottle drives, auctions and dances.

**Our meetings are held on the
3rd or 4th Wednesday of the
month from
6:30 p.m.- 8:30 p.m. at:**

**MSA Society for Community
Living
2391 Crescent Way
Abbotsford**

CONTACT

**President, Jill
Dunbar 604-864-
5222**

**Vice President,
Karen Assels 604-
864-5151**

**Advisor, Arlene
Schouten
604-855-3140**

**Advisor, Gregg
Schiller
1-604-688-7001**

ABBOTSFORD SELF ADVOCATES GROUP



**WE BELIEVE ALL PEOPLE HAVE THE
RIGHT TO DIRECT THEIR OWN LIVES.**

What is Advocacy

The act of speaking for, representing, or acting on behalf of oneself, another person or a group of people.

The 3 types of Advocacy:

Self Advocacy is when a person tries to solve a problem or achieve a goal on their own.

Individual Advocacy is when an independent objective person acts on behalf of another person.

Systemic Advocacy is when a group with a common goal or problem acts together to achieve change.

Your Rights

You have the right to choose what you do with your life and who you want to be there to support you with your goals.

The right to be treated with dignity and respect.

The right to contribute to your community in a meaningful way; having a job, volunteering, socializing or going out /shopping.

The right to have support to make informed decisions

Right to a job

Right to vote

The right to say no

The right to have relationships, friends, a spouse, being a parent.

The right to speak up & be heard

Vision Statement

Our vision is to create an inclusive community that views individuals with disabilities as full contributing citizens.

By Joining a Group

You will learn about your rights, current issues, identifying barriers, communication, how to advocate, fund raising, learn organizational skills, networking and socializing with other advocates and self advocate groups.

Members also get to attend conferences and retreats in British Columbia and sometimes in other parts of Canada.

